



INSTITUTE OF FOOD TECHNOLOGISTS MINNESOTA SECTION NEWSLETTER

November 2008

Location

GMI World Headquarters

General Mills World Headquarter (MGO)
Number One General Mills Boulevard
Minneapolis, MN 55426
763-764-7600

Date/Schedule

Monday, November 17, 2008

ExComm Meeting: 4-5 PM CC CRC2-12
Social Hour: 5-6 pm in CC CRC2-21/22
Buffet Dinner: 6-7:15 pm CC CRC2-21/22
Speaker: 7:30 pm in CC CRC2-23 Auditorium

Cost

Members/Guest - \$ 30.00
Retiree's/Displaced - \$ 13.00
Students - \$ 5.00

Reservations

Register on line at www.mnift.org. On-line credit card payment is preferred or you can pay by check or credit the night of the event. Reservations are due by Monday, November 10, 2008 at 5:00pm. If you have questions, need to cancel or inquire about late registration call 612-590-8902. If you cancel after the deadline you are still responsible for payment. Please let us know you will not be attending.

Parking/Entrance Details

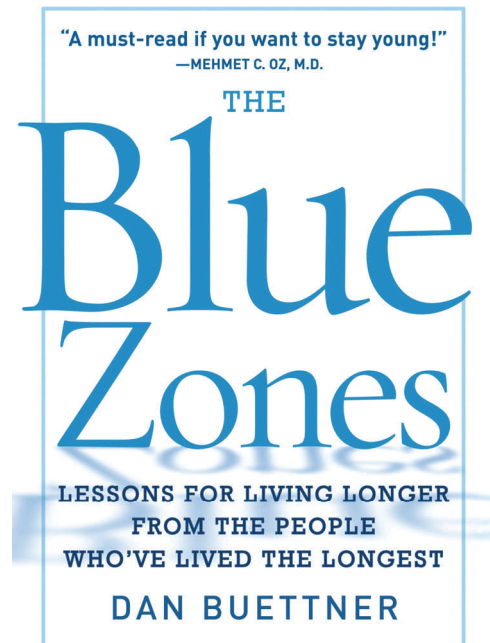
MNIFT attendees will need to park in the North Main Parking Lot and will enter in the Employee Entrance (not the Visitor's Entrance). Signs will be posted outdoors by General Mills Blvd & Betty Crocker Drive directing you to the North parking lot and North employee entrance. the employee entrance, attendees will check in at the security guard desk and then be directed to the meeting.

Menu Buffet options on page 3

November Featured Speaker

DAN BUETTNER

Distinguished Author



Dan Buettner Biography is on Page 3

Two "The Blue Zone" books will be given away through raffle; one raffle ticket will be given to each individual upon check in. Additional books will also be available on site to purchase.

November Chair's Message

Welcome to November! As we reach the end of the year and everyone is rushing to prepare for the Holidays and family events, don't forget to renew your IFT membership. Each year we hear from people that the biggest benefit of membership in a professional society like IFT is the chance to build a network of professional friends and colleagues outside your day to day work environment. We have multiple opportunities to network and make new friends. If you come early for dinner meetings, you can take advantage of networking during the social hour. Next year our local IFT membership will be starting networking events. In January, members will have the opportunity sign up and to attend a networking event (a lunch or other gathering). The events will consist of 10 to 12 members and will be hosted by a member of the MNIFT Executive Committee. More to come on these great networking opportunities in January.

A special thanks are due this month to Cherie Jones and the Supplier's Day Committee. This committee has worked hard all year to give us one of the best Suppliers Day! If you should see Cherie Jones, Tina Hacker, Fern Panda, Leslie Buehler, Anand Roa, Nicole Weber, Jessica Vetter, Andy Brudevold, Rachel Proski, and University of Minnesota Volunteer Students, please thank them for all their hard work.

The joint IFT and RCA Event at Target was a great success. We sold out of tickets far in advance. So if you were unable to attend, ask someone who did. Terry Bolton-Reineccius, Michelle Tittl, and Cather Proper did a fantastic job putting together this joint event. We would like to recognize and thank you for all your hard work.

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Meeting Schedule

September 15	Clare Hasler - Health Benefits of Wine
October 29	Supplier's Night/ AACC luncheon meeting
October 30	Joint RCA meeting- Target's Innovation Model
November 17	Dan Buettner-Blue Zones
January 12	Dairy Meeting
February 10	AACC Joint Meeting/ IFT Foundation Silent Auction
March 16	Macy's Award
April 21	Student Recognition Night

The Minnesota Section is published monthly, September through April, as a service to members of the MN Section, Institute of Food Technologists. The opinions in this newsletter are the opinions of the contributors and do not necessarily represent the official position of IFT nor the Regional Section, and should not be interpreted as such.

Do YOU have a submission for the newsletter?!

The MN Section IFT Newsletter is distributed to *hundreds* of students, industry professionals and companies across Minnesota, South Dakota and Wisconsin. And it's available for YOU to use! **We as Editors, welcome articles, news and announcements for the Newsletter.** Simply send your questions and submissions to Nicole Falk (nicole.falk@genmills.com, 763-764-5073) and Julie Cox - julie.cox@genmills.com.

To place an ad, please contact:

Karen Spartz: usksp@chr-hansen.com

Space is limited and is on a first-come, first serve basis.

- Rates: \$25.00 Business Card
- \$50.00 1/4 Page
- \$100.00 1/2 Page
- \$200.00 Full Page

Speaker Biography

Dan Buettner is the author of "THE BLUE ZONES: Lessons for Living Longer from the People Who've Lived the Longest," published by National Geographic Books on March 25, 2008. He is also the founder and president of Blue Zones™, an organization that creates tools to help people live longer, better lives.



Buettner is a pioneer in both exploration and education. He has set three world records for endurance cycling and created one of the nation's premier adventure learning programs. His Quest Networks™ online expeditions opened a new chapter in the book of exploration. These Quests enable millions of online explorers to direct a team of experts as they unravel archaeological—and now longevity-related—mysteries. The Washington Post called his Quests "the most successful experiment in interactive education to date."

Buettner serves on the board of directors for The Loft, a literary organization, and The British Virgin Islands Parks' National Trust. He is currently leading Blue Zones (bluezones.com), a project that, in partnership with the National Institute on Aging and the University of Minnesota, is exploring the world's longest-lived regions to distill a cross-cultural longevity formula for American audiences.

Menu Options

Social Hour: 2 drink tickets/person; imported cheese platter with crackers

Dinner Buffet:

Station 1—Sardinia Influence: Fresh vegetable platter with dip; chevre and ricotta cheese spread served with crostini and wild rice baguettes; vegetarian spinach salad

Station 2—Okinawa Influence: Smoked salmon platter with condiments and breads; hummus with pita chips; roasted vegetable platter

Station 3—Costa Rica/Central America Influence: Fresh fruit kabobs with sweet yogurt dip; nacho beef and chicken buffet

Desserts— Baked apple crisp and peach crisp served with whipped cream; coffee (reg & decaf) available with cream and sugar

MEMBER PROFILE

Tonya Schoenfuss, University of Minnesota

Tonya Schoenfuss has been a member of IFT for 18 years and is on the second year of her position as MN-IFT Secretary. This August she made the transition from R&D at General Mills to Assistant Professor in the University of Minnesota's Food Science Department. Tonya's focus will be on Dairy Science and hopes promote MN-IFT student opportunities and involvement for the upcoming year.

Tonya grew up in Southern California and attended California Polytechnic State University to obtain her B.S. degree in Dairy Science and then continued on to Virginia Tech for her M.S. degree in Food Science and her Ph.D. at Louisiana State University in Dairy Science. Her previous position at General Mills included working in the Yoplait division, International Products, and the Snacks division. While working in the Yoplait division, she worked on her favorite product, Nouriche, which she found very rewarding because of her significant involvement from start to finish.

For the food industry, Tonya would like to see more targeted nutrition by incorporating holistic approaches and balancing diets versus promoting quick fixes to health problems. In her spare time Tonya creates beautiful fused glass artwork, is a Big Sister for Big Brothers Big Sisters, and leaves time for archery, in which she was the state indoor champion two years ago.

Submitted by Heather Taterka

(Chair's Message from page 2)

On November 17th, we will be having as our speaker Dan Buenter who wrote the Blue Zone. Dan has delivered the secrets to living longer to over 250 audiences nationwide. Using National Geographic photography, he tells the stories of four of the world's longest-lived cultures and offers nine habits for people to get up to 10 good years out of life. This will be taking place at General Mills World Headquarters. He will have books available at the dinner.

Finally, the Nomination Committee is putting together the ballot for next year. If you are interested in serving in an office or know of a member who would like to run for an office please contact Dan Kennedy. We need to have our ballot set by December 31st to participate in the National online elections.

As always, I would love to hear from you with your suggestions on how to make the Section better, stronger, and more useful for you. Please feel free to contact me any time.

Have a great Holiday season!

Pam Lawson-MN IFT Chair

Candidates Sought for the 2009 Harold Macy Award

MN Section of the IFT

The Minnesota section of IFT is seeking nominations for suitable candidates from all IFT sections for the **2009 Harold Macy Food science and Technology Award**. The award, established in 1981, is given annually to recognize an outstanding example of food technology transfer or cooperation between scientists or technologists in any two of the following settings: academic, government, and private industry. The purpose of the award is to advance the profession and practice of food technology and to honor **Harold Macy**, former Dean Emeritus of the University of Minnesota and a Founding Member of IFT. The award consists of a plaque, \$2500 honorarium and travel expenses. The awardee will be invited to address the Minnesota Section at the annual Macy Award meeting to be held in Minneapolis-St. Paul.

Previous recipients of this award are: Harold Macy, E.M. Foster, Gary H. Richardson, Robert Pearl, Joseph C. Olson, Jr., Norman E. Olson, Howard Bauman, Philip E. Nelson, Rose Marie Pangborn, Arnold E. Denton, John J. Powers, Peter Barton Hutt, George E. Inglett, Kenneth R. Swartzel, James N. BeMiller, Elaine R. Wedrel, Daniel Y.C. Fung, W. James Harper and Keith Ito, Jozef Kokini, Stephen L. Taylor, Robert J. Price, Rich Linton, David B. Min, Gary List, John Surak and most recently Donald Kramer.

The deadline for nominations is **January 21, 2009**. Nominations forms are available online <http://www.mnift.org/macy.html>. Completed nomination forms should be submitted via Email (preferred), regular mail or Fax to:

Dr. Lamin S. Kassama,
Chair of the Macy Award Committee,
Food and Nutrition Department HE 223,
University of Wisconsin-Stout,
415-10th Avenue,
Menomonie, WI 54751. USA.
Phone: (715) 232-1623, Fax: (715) 232-2317 Email: KassamaL@uwstout.edu.

Looking for Few Good Officers!

The MN IFT Nominations Committee is currently seeking IFT members who would like to serve in the following elected positions for 2009/10:

Chair Elect
Recording Secretary
Membership Secretary
Members at Large x 2



This is a great opportunity to serve the section and build your leadership skills while working with fellow IFT members.

Please contact Dan Kennedy, dkennedy@solae.com (507) 388-3662 if you are interested in being nominated or wish to nominate someone for one of these positions.

**The Northwest Section of AACC International announces their
Hands-on-Event @ Cargill's Food Technology Center
on December 4, 2008 [5:30 - 8:30PM]**

Come see Cargill's new Baking Center facilities and participate in this wholesome grain-based hands-on experience.

The topic will be "Gluten-Free Baking".

This has been a very popular activity in the past, so register early as spots fill up fast!

Contact dan.winderl@genmills.com to register after November 14.

New! Member Networking Events, starting in January

Get more from your IFT membership! Members will have the opportunity to attend a networking event (a lunch, or other gathering) after the start of the new year. Events will be hosted by a member of the MNIFT Executive Committee. Each one will be a small, informal event to help members connect and get to know each other better. The organizing committee will be working behind the scenes to keep the groups small (approximately 10 participants per event) and as diverse as possible, so that members will be more likely to meet people they don't know very well. Because of the limitations, not everyone who signs up for an event might be able to participate!

Event host names, dates and locations will be available on the MNIFT web-site (www.MNIFT.org) after Jan 2nd. To participate, you must sign up on the web site, selecting your choice of date and location.

This is a new program for MNIFT - we hope all members will participate, and provide feedback to the host to make further improvements. If you have questions, feel free to contact Lisa Pannell, Robert Golazewski or Glenn Corliss.

The Minnesota Department of Agriculture is going on a trade mission!

If you are interested, please contact Shannen Bornsen at 651-201-6658. Cost is \$1000 plus travel costs.

MDA-AMS 2008 Trade Mission to Vietnam and Taiwan

Tentative Schedule:

November 30	Leave for Vietnam
December 1	Arrive Ho Chi Minh City
December 2-3	Meetings in HCMC
December 4-5	Meetings in Hanoi
December 6-7	Travel to Taiwan or Stay in Vietnam
December 8-9	Meetings with Trade Office in Taipei
December 10	Meetings in Tainan
December 11	Meetings in Kaohsiung
December 12 or 13	Return to Minneapolis

UNIVERSITY NEWS

University of Minnesota-Twin Cities Food Science & Nutrition Club

The Food Science & Nutrition Club at Minnesota has been very active the past month. We have had guest speakers from General Mills, Frito-Lay, and Land O' Lakes. Students decided to have a little fun on Halloween by competing in a pumpkin carving contest. There was also a guest speaker on "The Business of Product Development" in late October. Plus, the club has volunteered with Goodwill and Youth Farm Gardening.

This fall has also been a busy time for the club to start up new teams for this coming year's competitions. The Product Development team has begun its search for the perfect product for the upcoming 2009 competition and the College Bowl team has begun their preparation and studying! There is also a new competition being started by the IFTSA called Developing Solutions for Developing Countries, which promotes the application of food science and technology and the development of new products and processes that are targeted at improving the quality of life for people in developing countries. Minnesota has also chosen to establish a team to participate in this competition.

Plenty is still in store for the club as winter starts creeping in, so look for more updates to come!

Jackie Koch, Club President

University of Wisconsin- River Falls Food Science Club Updates

The Food Microbiology Symposium was the major recent event at the UWRF. As students, the club members were invited to attend the three days of lectures and presentations given by renowned microbiologists on ground breaking innovations in food microbiology and novel detection methods for the food industry.

With November approaching, the Food Science Club is presently underway preparing for the annual turkey processing. All the club members pitch in to help make the project a success. The roasted turkeys are sold in time for Thanksgiving and Christmas and generate the majority of the club's funds for trips, donations, and recruitment activities.

Carrie Resch, Club President

University of Wisconsin-Stout Food Science & Nutrition Club Updates

It has been a developmental year for the UW-Stout Food Science Club. The Food Science Club is working on collaborating with the Food Systems and Technology Professionals at Stout. We are also in the process of electing new officers and recruiting members for our club. The club is planning to meet with the University of Minnesota Food Science Club members on October 30th and in future with UW-River Falls Food Science Club members to strengthen ties between the Universities.

On October 16th, the club celebrated World Food Day, where students and faculty participated in a tele-conference regarding how factors, such as global warming and urbanization, affect the world's poor and hungry people. The World Food Day theme was "Choices for a Warm and Hungry Planet".

Interest from students has been growing and we look forward to an exciting year ahead of us and in the years to come.

Jane Palakeel, Club President